We claim:

1. A method of making an electrically programmable memory element, comprising:

providing a first dielectric layer;

forming a conductive material over said first dielectric layer;

forming a second dielectric layer over said conductive material; and

forming a programmable resistance material in electrical contact with a peripheral surface of said conductive material.

- 2. The method of claim 1, wherein said peripheral surface is a sidewall surface of said conductive material.
- 3. The method of claim 1, wherein said conductive material is at least one conductive sidewall spacer.
- The method of claim 1, wherein said first dielectric layer
 includes a sidewall surface, said conductive material being
 formed over said sidewall surface.
 - 5. The method of claim 4, wherein said peripheral surface of said conductive material is a top surface of said conductive material.

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- 6. The method of claim 1, wherein said peripheral surface is an edge of said conductive material.
- 7. The method of claim 1, wherein said programmable resistance
 5 material is a phase-change material.
 - 8. The method of claim 1, wherein said programmable resistance material includes a chalcogen element.
- 9. The method of claim 1, wherein said first dielectric layer and said second dielectric layer are formed of the same material.